VALERIE HOPE

Leadership Coach | Speaker | Facilitator

From Reactive to RESOURCEFUL

Shift your perspective, unlock new possibilities, lead with intention.



> She reads a room with remarkable precision, understands both group dynamics and individual needs, and brings energy that lifts everyone. After her sessions, I consistently saw myself and the teams walk out more confidently, more connected, and with a fresh perspective on how to lead.
>
> **Thierry M. Guillot**
> International Hospitality Executive

Trusted by Leaders and Organizations Including...

- Hyatt Corporation
- Etsy
- Salesforce
- Southwest Airlines
- MidFirst Bank
- Sally Beauty

Helping leaders turn insight into meaningful action.

Even experienced leaders can find themselves repeating behaviors that limit their effectiveness, despite knowing what they want to do differently.

I help leaders recognize what's getting in their way, discover new possibilities, and make intentional choices that strengthen how they lead, connect, and contribute.

Through thought-provoking conversations and engaging, experiential learning, I create space for reflection, fresh perspectives, and practical action, helping people lead with greater confidence, authenticity, and joy.

I work with leaders who...

- **Know what to do, but don't always do it.** They're ready to understand what's holding them back.
- **Face complex decisions or transitions** and want greater clarity and confidence in their next steps.
- **Want stronger relationships and more effective teams**, but recognize that good intentions aren't always enough.
- **Are successful but sense there's more possible** in how they lead, connect, and contribute.
- **Are curious, open to being challenged, and willing to grow** beyond familiar ways of thinking and behaving.

Let's schedule a discovery session!

214.507.2983
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YouTube Channel: youtube.com/@ConnecttoJoy



Leadership Coaching Overview

WHY LEADERS CHOOSE ME

Discover What's Getting in Your Way

Gain greater awareness of the beliefs, habits, and patterns influencing your decisions and behaviors. See what you couldn't see before and discover new choices.

Turn Insights Into Action

Move beyond knowing what to do. Experiment with practical strategies, strengthen new behaviors, and make meaningful progress toward what matters most.

Grow Through Connection and Joy

Experience a coaching partnership that combines thoughtful challenge, genuine connection, curiosity, and playfulness. Growth can be meaningful without always feeling heavy.

Expand Your Perspective

Draw on my global experience, multicultural understanding, and integrative approach to explore challenges from different angles, uncover possibilities, and lead with greater intention.

WHAT TO EXPECT FROM COACHING

Our sessions are a space to pause, reflect, and explore what matters most to you. Together, we'll uncover new perspectives, challenge familiar patterns, and identify meaningful actions you can take between sessions.

You'll leave with greater awareness, practical next steps, and opportunities to experiment with new ways of leading.

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> Valerie's coaching isn't just a service; it's a transformative self- assessment journey, enlightening me to forgotten aspects within. Grateful to Valerie for rekindling my strength, resilience, and strategic prowess, affirming my capability to achieve extraordinary visions.
>
> **Nikki Cambridge**
> Senior Finance & Workforce Manager
> Etsy

YOUR COACHING INVESTMENT

- Individual coaching begins with a six-session engagement, giving us time to explore what matters most, uncover new perspectives, and put insights into action.
- Customized coaching engagements are also available for groups and teams.

LET'S CONNECT

Curious about what's possible?

Let's have a conversation about your leadership goals, what's getting in your way, and how we might work together.

SCHEDULE A DISCOVERY CONVERSATION

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